

# PRIDE. CHALLENGE. ACHIEVEMENT.

CREDENTIAL YEAR 2017-18

## MASSAGE THERAPY

### Credentials

Massage Therapy certificate	36.5 cr.
Massage Therapy AAS degree	62.5 cr.

### Major Description

As more people seek preventative healthcare solutions, including massage in rehabilitation and treatment, the field of massage therapy continues to grow. At Schoolcraft, we offer both a massage therapy certificate and an associate of applied science degree to provide students with the knowledge and skills to work in group and private practices, spas and an increasing variety of healthcare settings. The curriculum includes:

- State-approved courses in bodywork and therapy skills that are designed to meet the expanding requirements of allied and complementary healthcare systems and prepare students to take the national certification exam.
- Real life experiences by participating in community service activities such as providing massages at marathons and fund-raising walks.

### National Median Salaries for Massage Therapy-related positions: (source USBLS)

Massage Therapist: \$35,970

### Massage Therapy Certificate

Schoolcraft program code # 1YC.00255

Massage therapy is the systematic manipulation of the soft tissues of the body for the purpose of increased circulation of blood and lymph, pain reduction, relaxation and restoration of health and well-being of the client. The massage therapy program is designed to prepare an individual in the field of soft tissue manipulation and is taught from a clinical perspective. It offers the opportunity to earn a certificate in massage therapy. The certificate is granted after the successful completion of 36.5 credit hours of designated course work.

Massage therapists may be employed in private practice, spa, or a variety of healthcare settings including hospitals and managed care centers, rehabilitation and sports medicine clinics and group and private practices. This program has been approved by the State of Michigan Department of Licensing and Regulatory Affairs and allows students to apply for licensure to practice massage therapy. Successful completion of the certificate readies the individual to sit for exams approved by the State of Michigan massage licensure.

The massage therapy program is dedicated to advancing the science and art of massage therapy. Students who successfully complete all program courses qualify for a certificate of program completion.

**This program requires a special admissions process. Contact the Admissions and Welcome Center at 734-462-4426 or [admissions@schoolcraft.edu](mailto:admissions@schoolcraft.edu) to complete an application.**

### First Year—Fall Semester

### First Year—Winter Semester

MAS 112	Massage Techniques 1	5.5	MAS 122	Massage Techniques 2	4
MAS 113	Comprehensive Study of Human Body Systems 1	3	MAS 123	Comprehensive Study of Human Body Systems 2	4
MAS 114	Clinical Foundations	1.5	MAS 124	Student Clinic 1	1
MAS 115	Business and Professionalism 1	2	MAS 125	Business and Professionalism 2	3
	<b>Total Credits</b>	<b>12</b>		<b>Total Credits</b>	<b>12</b>

### First Year—Spring/Summer Session

MAS 132	Massage Techniques 3	3
MAS 133	Comprehensive Study of Human Body Systems 3	5
MAS 134	Student Clinic 2	1.5
MAS 135	Business and Professionalism 3	3
	<b>Total Credits</b>	<b>12.5</b>

**PROGRAM TOTAL 36.5 CREDITS**



It is the policy of Schoolcraft College that no person shall, on the basis of race, religion, color, gender, age, marital status, disability, sexual orientation, and/or national origin, be subjected to discrimination during or be excluded from participating in or be denied the benefits of any program or activity or in employment.



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## Massage Therapy AAS Degree

Schoolcraft program code # AAS.00266

Massage therapy is the systematic manipulation of the soft tissues of the body for the purpose of increased circulation of blood and lymph, pain reduction, relaxation and restoration of health and well-being of the client. The massage therapy program is designed to prepare an individual in the field of soft tissue manipulation and is taught from a clinical perspective. Massage therapists may be employed in a private practice, a spa, or a variety of healthcare settings including hospitals and managed care centers, rehabilitation and sports medicine clinics and group and private practices.

The massage therapy associate degree is offered to meet the expanding needs of both the allied and integrative healthcare systems. Those students who are interested in additional education and wish to enter either field with a broad background and the ability to work with a diverse group of clients and practitioners will do well to add the general education courses. This associate degree program integrates traditional and non-traditional knowledge bases regarding massage therapy and bodywork. Course work includes anatomy and physiology, a variety of massage and bodywork techniques and practices and general education courses. Massage therapists who attain this degree may also plan to pursue a baccalaureate degree in a health or medical program, or an individualized area of study.

The massage therapy program is dedicated to advancing the science and art of massage therapy. This program has been approved by the State of Michigan Department of Licensing and Regulatory Affairs and allows students to apply for licensure to practice massage therapy.

All courses are not offered each semester. Students should work with an academic advisor or counselor to develop a schedule that will work for them. Students who satisfactorily complete all college and program requirements qualify for an associate in applied science degree.

**This program requires a special admissions process. Contact the Admissions and Welcome Center at 734-462-4426 or [admissions@schoolcraft.edu](mailto:admissions@schoolcraft.edu) to complete an application.**

### First Year—Fall Semester

First Year—Fall Semester			First Year—Winter Semester		
MAS 112	Massage Techniques 1	5.5	MAS 122	Massage Techniques 2	4
MAS 113	Comprehensive Study of Human Body Systems 1	3	MAS 123	Comprehensive Study of Human Body Systems 2	4
MAS 114	Clinical Foundations	1.5	MAS 124	Student Clinic 1	1
MAS 115	Business and Professionalism 1	2	MAS 125	Business and Professionalism 2	3
<b>Total Credits</b>		<b>12</b>	<b>Total Credits</b>		<b>12</b>

### First Year—Spring/Summer Session

MAS 132	Massage Techniques 3	3
MAS 133	Comprehensive Study of Human Body Systems 3	5
MAS 134	Student Clinic 2	1.5
MAS 135	Business and Professionalism 3	3
<b>Total Credits</b>		<b>12.5</b>

### Second Year—Fall Semester

Second Year—Fall Semester			Second Year—Winter Semester		
ENG 100	Communication Skills	3	ENG 116	Technical Writing	3
CIS 120	Software Applications	3	MATH 111	Applications—Utility of Math	4
BIOL 101	General Biology	4	HUM 106	Introduction to Art and Music	1
<b>Total Credits</b>		<b>10</b>	BIOL 236*	Human Anatomy and Physiology	5
			<b>Total Credits</b>		<b>13</b>

### Second Year—Spring/Summer Session

PSYCH 153	Human Relations	3
<b>Total Credits</b>		<b>3</b>

### PROGRAM TOTAL 62.5 CREDITS

\* Students who may transfer to a baccalaureate program should elect the BIOL 237–238 sequence. BIOL 101 is a prerequisite to BIOL 236 and the BIOL 237–238 sequence. Please review and follow all course requirements.

Students planning to transfer should check the transfer institution's requirements/guides or discuss their options with a counselor or advisor.

Number of credits may vary depending on the course selection.

For more information on certification, please contact:

Michigan Board of Massage Therapy Approved Program, PO Box 30670, Lansing, MI 48909, (517) 335-0918

National Certification Board of Therapeutic Massage & Bodywork Assigned Program, 1333 Burr Ridge Parkway, Suite 200, Burr Ridge, IL 60527,

1-800-296-0664, [Info@ncbtmb.org](mailto:Info@ncbtmb.org)