Massage Therapy Program

Radcliff Campus
RC 275
734.462.4746
massage@schoolcraft.edu

Updated 07/19/12
Contents

• Certificate and Degree Information
• Facts about Massage Therapists
• Application Process
• Entrance Requirements
• Program Orientation
• Course Schedule
• Cost
• Uniform
• Challenges
• Support
• Contact information
The Massage Therapy Program offers two levels of education

- **Certificate**
  - 12 months of class taken in sequence
  - 36.5 credits
  - 720 contact hours

- **Associate Degree**
  - Completion of certificate requirements
  - Additional courses based on your future plans
Who are massage therapists?

A typical American Massage Therapy Association Member: *

- 60% are between the ages of 35 and 54
- 43% have at least a bachelor’s degree
- 53% work part-time at massage
- 88% say they are extremely satisfied with being a massage therapist.

* from a recent survey
Where do we work?

- Private practice – solo or sharing facilities
- Medical setting – hospital, clinic, or office
- Complementary health center
- Spa or salon
- Home-based office
- Outcall/onsite work

MASSAGE THERAPY
How much do we earn?

There is a large variation in the wages earned, based on work setting, location of practice, and skill levels.

Typical Salary

- Recent graduates, part time: $20-25/hour
- 5 years experience, part time $35-50/hour
- Full time, experienced: $30 to $60,000/yr
How do you join us?

It’s a two step Process

1. Apply to Schoolcraft College
   - Meet educational requirements for reading, math, and English

2. Apply to the Program
   - Meet with counselor to discuss all requirements.
What are the Program Entrance Requirements?

They are divided into 3 different categories:

1. Physical
2. Computer skills
3. Personal
Physical Requirements

• You must:
  ➢ be physically capable of performing massage
  ➢ be able to lift and hold at least 20#
  ➢ receive medical clearance for any structural or neurological problems, chronic disease issues, or disabilities
  ➢ pass a drug screening
You will need:

- Computer and Internet access at least 3 days per week (Radcliff has a computer lab)
- General Computer skills – keyboard and mouse
- To be able to use, send and receive word processing files (Microsoft Word)
Personal Requirements

- at least age 18 by the first day of class
- self disciplined
- willing and able to work with and be worked on by everyone in class
- reliable transportation to and from class, clinic, externship location, and community service
- good moral character
What happens once I’m accepted?

- Finalize all paperwork with counselor
- Contact Program Coordinator
- Attend orientation
- Enroll in classes
- Purchase all supplies
Orientation

- A program orientation is held approximately 6 to 8 weeks before the sessions begin.
- Answers final questions about the schedule
- Identifies all supplies to be purchased before start of classes
- **Attendance is mandatory**
Course Schedule

The Certificate Program is designed to be completed in 1 year. Two schedule options are available.

**Evening Program** (You remain on this same schedule for the full year)
Classes begin in Fall Semester.
- Tuesday and Thursday 6 to 10 pm
- Saturday 9 to 5 pm

**Day Program** (You remain on this same schedule for the full year)
Classes begin in Winter Semester
- Monday and Wednesday 9 am to 1 pm
- Friday 9 to 5 pm
What courses do I take?

1st semester

- MAS 112: Massage Techniques 1
- MAS 113: Comprehensive Study of Human Body Systems 1
- MAS 114: Clinical Foundations
- MAS 115: Business & Professionalism 1
2nd Semester

- MAS 122: Massage Techniques 2
- MAS 123: Comprehensive Study of Human Body Systems 2
- MAS 124: Student Clinic 1
- MAS 125: Business & Professionalism 2
3rd Semester

- MAS 132: Massage Techniques 3
- MAS 133: Comprehensive Study of Human Body Systems 3
- MAS 134: Student Clinic 2
- MAS 135: Business & Professionalism 3
## Costs for Certificate Program

<table>
<thead>
<tr>
<th></th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tuition &amp; Fees</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1st Semester</td>
<td>$1,581.00</td>
<td>$2,061.00</td>
</tr>
<tr>
<td>2nd Semester</td>
<td>1,660.00</td>
<td>2,140.00</td>
</tr>
<tr>
<td>3rd Semester</td>
<td>1,665.00</td>
<td>2,165.50</td>
</tr>
<tr>
<td><strong>Books &amp; Supplies</strong></td>
<td>1,500.00</td>
<td>1,500.00</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$6,406.00</td>
<td>$7,866.50</td>
</tr>
</tbody>
</table>

Based up 2012/2013 tuition rates.
Dress Code

A professional ‘uniform’ is required to be worn in each and every class and clinic.

No jewelry.

- **Option 1**: for class & clinic
  - Two piece scrubs

- **Option 2**: for class, clinic & community service
  - Schoolcraft Massage Polo Shirt
  - Pants: ‘Docker style’, any solid color
What are the biggest challenges for students?

- **Work schedules:** if you have a job, you need to be able to attend classes 3 days per week.
- **Family matters:** if you are a caretaker for kids or parents, you’ll need to arrange time for this commitment.
- **Homework:** massage is more than hands-on. Reading and assignments take 10 to 20 hours per week.
- **Quiet:** massage requires the therapist to remain calm and quiet for an hour or more.
What else?

• At graduation, you are eligible to sit for either of the two exams accepted by the State of Michigan for Massage licensure:
  – National Certification Exam in Therapeutic Massage.
  – Massage Therapy Licensure Exam

• You may also choose to enter the Associate Degree Program – a counselor will help you determine the courses you need to take
Who can help?

• Your Support Team
  – Instructors
  – Lab Assistants, PALs (Peer Assisted Learning)
  – Program Coordinator
  – Schoolcraft Staff, Learning Assistance Center
  – Friends, family, mentors
Rewards

- Knowledge
- Skills to blend with other careers
- National Certification
  - Growing industry

A profession for life!
For more information, please contact

Kathy Paholsky
Program Coordinator
kpaholsk@schoolcraft.edu
734.462.4771